



Our Lady of Mt. Carmel

CATHOLIC CHURCH

www.olmcfssp.org + 5612 S. Hickory St. Littleton, CO 80120 + (303) 703-8538



A parish of the Archdiocese of Denver, CO served by the Priestly Fraternity of St. Peter (FSSP) dedicated to the Traditional Latin Mass and Sacraments according to the 1962 Missal of Pope St. John XXIII.

Pentecost Sunday

May 28, 2023



Et apparuerunt illis dispersitæ linguæ tamquam ignis, seditque supra singulos eorum.

From Fr. Nolan

Pilgrimages are a somewhat forgotten tradition in the Catholic Church, although they used to be almost a staple of Catholic culture. The many benefits obtained, the graces granted by God, the great benefit to the faithful make them a practice which can be revived with great profit.

The first Catholic pilgrimages were to the Holy Land, to visit the sites of Our Savior's birth, life, and death. Over time, the tombs of the martyrs became popular sites as well, where people would go to venerate their holy memory, ask for favors, or deepen their own commitment to Christ.

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PASTOR
REV. MATTHEW J. MCCARTHY, FSSP

ASST. PASTORS
REV. DANIEL NOLAN, FSSP
asst.pastor1@olmcfssp.org
REV. ERIC KRAGER, FSSP
father.krager@olmcfssp.org

OFFICE HOURS
MON - FRI: 9:15 AM - 4:15 PM
secretary@olmcfssp.org

SACRAMENTAL EMERGENCIES
303-241-2946

SUNDAY LOW MASS
6:30 AM | 8:00 AM | 9:30 AM | 1:00 PM

SUNDAY HIGH MASS
11:00 AM

DAILY MASS
8:30 AM MON - SAT
Also 7:00 PM FRI

CONFESSIONS
30 MINUTES BEFORE EACH MASS
SAT: 8 - 9:30 AM
SAT: 3 - 4 PM

DAILY MASS
6:30 AM SUN - SAT
Carmelite Monastery
6138 S. Gallup St. Littleton, CO 80120

From Fr. Nolan

As pilgrims began to frequent these sites more and more often over the centuries, it became evident that many graces and fruits were granted by God, such as greater sorrow for sin, amendment of life, deeper conviction to give one's life for Christ, and so on.

Holy Mother Church, seeing the great benefit that pilgrimages brought to the faithful, began to grant indulgences to those who made such a journey, to entice those who otherwise may not have gone.

Priests and confessors noticed as well the good effect pilgrimages had on great sinners, and so began assigning them as penances, as a way to ensure a reform of life. When one has sacrificed a great deal for something, he is not likely to let it slip away easily. Thus great sinners were less likely to relapse into sin, if in order to obtain forgiveness, they had had to go to such great lengths to obtain it, in addition to disposing themselves to receive the graces God offered.

Over the years, as pilgrimages became more and more popular, companies of pilgrims began to be organized to the more popular sites, to the point where they started to become annual events. Those who were too old or infirm to make a pilgrimage themselves, offered financial assistance to others, contributing to the popularity and availability of such journeys.

The benefits of making a pilgrimage are many, not the least of which is the plenary indulgence granted to those who go on an officially sanctioned event. In recent years, the Chartres Pilgrimage in France has become such, as well as the Three Hearts Pilgrimage in Oklahoma.

Pilgrimages are typically undertaken to make atonement for sin, to venerate a particular place or object, to request a significant favor, or to give thanks for favors received. A more succinct way of stating these would be atonement, adoration, petition, and thanksgiving, which are the four ends of prayer.

A pilgrimage thus considered becomes a prayer we make with our whole being. The faculties of body, mind and soul come together for a common purpose. Every step a pilgrim takes in his journey can be considered another act of adoration, another tear shed for sin, another act of gratitude for favors received, another humble request that his petitions be granted.

I do encourage every Catholic to consider going on a pilgrimage at least one in his lifetime, and experiencing the powerful graces made available by God. Whether at home or abroad, there are opportunities to take advantage of these great graces, and reap the spiritual benefit to his soul.

LITURGICAL SCHEDULE

SUNDAY, MAY 28

Pentecost Sunday

6:30 am Roberto Perez+ by Nelly Perez
8:00 am Pentecost Flowers Donors' Intentions
9:30 am Mark Bruhn+ by Alexis McCarty
11:00 am (High Mass) Pro Populo
1:00 pm Celebrant's Intention
5:00 pm Vespers and Compline

MONDAY, MAY 29

Pentecost Monday

8:30am Rita de Perez+ by Nelly Perez

TUESDAY, MAY 30

Pentecost Tuesday

8:30 am Cliff Spratt+ by John Christian

WEDNESDAY, MAY 31

Ember Wednesday in the Octave of Pentecost

8:30 am Rev. James Jackson, FSSP by Bridget Jacobson

THURSDAY, JUNE 1

Pentecost Thursday

8:30 am Mr. Roman Zurita+

FRIDAY, JUNE 2

Ember Friday in the Octave of Pentecost

8:30 am Felipe Silva+ by Ari Nieto
7:00 pm Pope Francis

SATURDAY, JUNE 3

Ember Saturday in the Octave of Pentecost

8:30 am Chiara and Nick Reamer
by Ron and Debra Zapka

SUNDAY, JUNE 4

Trinity Sunday

6:30 am Felipe Silva+ by Ari Nieto
8:00 am Celebrant's Intention
9:30 am Carmela Velasco by the Gonzalez Family
11:00 am (High Mass) Pro Populo
1:00 pm Celebrant's Intention
5:00 pm Vespers and Compline

Fr. Nolan's Private Intentions

30: Howard Remaly+ by Rick Mudd
31: Cardinal Cupich by Bridget Jacobson

Fr. McCarthy's Private Intentions

29: OLMC Volunteers

To request a Mass, please fill out a Mass intention offering envelope and put it in the drop box outside of the parish office or mail in a request.

ANNOUNCEMENTS

Welcome to Joseph Specht, FSSP seminarian, who will be with us June 1-22.

The Parish Office Will be Closed tomorrow, May 29.

Three Hearts Pilgrimage (THP): to take place in Oklahoma in October. Please consider joining the pilgrimage and/or donating toward travel costs for parishioner pilgrims. Opportunities for helping this worthy cause are coming up. See details below.

Tue Jun 6 - THP Fundraiser: Women's Self Defense Class, 6-9pm at OLMC, taught by a certified police trainer. Learn quick/decisive escape techniques, effective protection/fighting strategies, and verbal assertiveness. Register at: olmcthreehearts.com/womens-self-defense-class/

Sat, Jun 3 - Prayer in the Square: Join your fellow parishioners at 10am on the east lawn of St Mary's Catholic Church in Littleton as we pray the Rosary and Divine Mercy Chaplet.

Sat, Jun 10 - Young Adult Trivia Night: 17-25 year olds are invited to a trivia night hosted by Fr Krager, 6-8:30pm. There will be pizza provided. Sign-up on the Flocknote and get ready for a profound experience of humiliation as you try to test your knowledge against that of your peers!

Wed, Jun 14 - Men's Night at 6pm. Following Rick and Nicholas' talk on beer and wine making, we will be conducting a live brew session.

Sat, Jun 24 - THP Fundraiser: Women's Wine and Paint Night. Save the date!

Sat, Jul 22 - THP Fundraiser: Silent Auction. Save the date!

Opportunities to Volunteer with Catholic Charities

- Administration support and data entry: Contact Elizabeth Vergil: evergil@ccdenver.org, 720-799-9245.
- Meal service at our shelters: For more details visit vhub.at/easymeal.
- Provide activities for K - 6th graders this summer: Contact Jenn Cerf jcerf@ccdenver.org 720-799-9266.
- Help unload and organize food bank items: Tuesdays, 12:15 - 2:15 pm. Contact Jenn Cerf.
- Spend quality time with our families this summer: Help families by offering your time and attention for kids while adults attend classes and seminars. Contact Jenn Cerf.

ANNOUNCEMENTS

Volunteer for Spring Cleaning!

Sat, June 10 - Please consider coming to help the parish with some spring cleaning both inside and outside the church + parish hall! Bring the whole family and please sign-up on the flocknote! Start time 9:30am after the morning Mass.

Appropriate Dress: Please show respect for Our Divine Lord and fellow parishioners at Mass. Men should be in collared shirts (no T-shirts with graphics etc.) and long pants. Ladies should be in opaque clothing coming up to the neckline front and back, covering the torso and shoulders/upper arms, skirts coming down to at least the knees.

Aug 25-26 - Return to Tradition Women's Conference: Registration is now open. Hosted at OLMC, speakers include Diane Montagna, Roy Shoeman, Fr. Nolan, and others. There will even be a fashion show. Visit restoretradition.com

OLMC Online Parish Calendar is available via the website or the code to the right. Please check there for upcoming events.



DAILY PRAYER LINE REQUESTS

Contact Jane Brennan: jmbrennan555@gmail.com

Please Pray for the Sick

Martin Radocha, Michael Johnson, Florentia Knoell, David Williamson, Lane Reagan, Joanne Leary, Jamie Jimenez, Kim Poletto, Marge Heithoff, Jacob, Jaxson

Please Pray for the Repose of the Souls of

Marles Nicholls, Shirley Oxforth, Tom Crum, Bryan Dobak, Emily, Ruth Mullarkey, Alexis Daly, Sarah Grant, Margot Heithoff, Mary Vickers, Addis McCarthy

ALTAR FLOWERS

The altar flowers this Sunday are for the intentions of those who donated towards the Pentecost flower fund.

HOMEBOUND

Any parishioner confined to home who would like to receive the sacraments or the bulletin, please contact the parish office.

Congratulations to the Stone family on their child's Baptism.

Electronic Giving via Faith Direct



Pentecost Sunday

